

ULA FRIENDS

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YORK'S HELPING HAND FOR THE HOMELESS

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\$- Monetary Sponsorship

Y.O.R.K & Friends

present

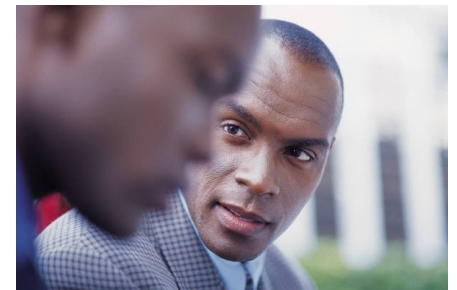
THE

**URBAN
LEADERSHIP
ACADEMY FOR
BOYS**

STRONG MIND

STRONG SOUL

STRONG BODY



AUGUST 16 - 21

2010

WHAT IS ULA FOR BOYS?

FAQ's

Q: What is ULA?

A: The Urban Leadership Academy is a 6 day youth developmental academy that provides minority boys with critical leadership, life, and social skills necessary to deal with daily challenges.

Q: Is ULA just for boys in York City?

A: No, ULA is open to minority boys in York County between 14 and 17 years old.

Q: If ULA is open to minority girls in York County, why is it called the "Urban Leadership Academy"?

A: At times when people say "urban" the first thing that comes to mind is the "city". Here at ULA, we like to think of urban as being modern, "up to date", trendy, fashion forward....you get the point! ULA pushes transformational leadership, meaning we not only teach you leadership, but you become young leaders...in other words you'll be an intellectual fashion forward leader that is wayyyy ahead of the game :-)!

ULA Overview Schedule

Monday - Wednesday from 9-12: Interactive Sessions, which will include the following educational focus:

August 16 at Barley Snyder, LLC Conference Room: Monday: "Who You Calling A.....?" (Self-Empowerment Workshop that will focus on esteem and healthy relationships)

August 17 at Barley Snyder, LLC Conference Room: Tuesday: "Money, Power, Respect" (Money Management Workshop)

August 18 at Stock and Leader Conference Room: Wednesday: "I Believe I Can Fly. Do You?" (Health and Wellness Seminar geared towards striving towards mental, spiritual, and physical balance) followed by Speed Networking Event with York County Minority Male Professionals

Daily Afternoon Monday-Wednesday

12-1: Lunch

1-3: Service to Society projects with York's Helping Hands

Thursday-Saturday: Overnight Experience

Thursday : Baltimore, Maryland & Washington DC

Chat Session with Mr. Lamont Jones
President of the Richmond Construction Group, LLC.

Afternoon: Black Wax Museum followed by

Fun at the Harbor!

Washington D.C Tour of the Greater U Street Historical District.

Followed by "How 2 D.R.E.A.M" Inspirational Workshop by internationally known artist KOMPLEX

Friday August 20: Richmond, Virginia

Morning: Black History Museum and Cultural Center

Science Museum of Virginia

Lunch at the Historic Croaker Spot Restaurant

College Tour of University of Richmond

College Tour of Virginia Union University

An evening chat session with University of Richmond Minority Male Alum.

Saturday, August 21: Time to head back to York, PA!

ULA Session will be conducted by
Mr. Sean Walker.

**YOUTH OBTAINING
RESPECT & KNOWLEDGE**

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